

Thank You from Kingston WelCare

Special thanks goes to Children in Need, who is the funder of our 'Time for Families' project which is now in it's second year.



Supported by



Also, thanks to The Clothworkers' Foundation, Kingston Rotary Club, Kingston Nursing Association, Capital Growth and The Royal Borough of Kingston who have all made a significant funding contribution to WelCare this year.

As ever, a very big 'Thank You' goes to our regular supporters, whose generous and regular donations keep us afloat. We are extremely grateful to: St Matthews, Surbiton; Alfred Charitable Trust; St John the Baptist, Kingston Vale; St Andrew's, Ham; Elizabeth Thorogood; Palmers Solicitors & Surrey Law Society.

For Harvest Festival Gifts: St Mary's Church, Cuddington & St James' Church, New Malden.

For Christmas Toys & Gifts: Chessington Methodist Church; St. John's Church, New Malden; United Reform Church, Claygate & St George's Church, Tolworth

Free Tickets: Chessington World of Adventures

— Kingston — **WELCARE** *Annual Review 2009-2010*

It has been a great privilege to serve as Chair of the Executive Committee for the past three years. In stepping down I hope the new Chair will receive the support I have enjoyed for our future path is unclear and there are huge challenges before us.

I wish to thank all our staff for their hard work, dedication and professionalism in a difficult year and, also, thank my fellow Trustees and Advisory Members for their efforts and commitment in particular Anne Nicholson (Secretary) and John Farmer (Treasurer). Additional thanks to Bettina Madlener and Brian Watts, our two Volunteers who have looked after the garden and house so assiduously.

Kingston WelCare stands at a crossroads. On the one hand can we continue with our traditional and professional role of parental support or is now the time to contemplate new directions? By our next AGM we should have an answer.

Ed Naylor

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Charity No. 206286



Project Activities 2009-2010

Kingston WelCare Parenting Support programme, is working together with parents to support their children's learning. The Time for Families Team has offered engaging family activities to parents and children over the year through *Story-time*, *Cook & Eat*, *Music & Movement*, *Tea-time club*, *Holiday Activities*, *Messy play* and a *weekly Stay and Play session*. This year the team have supported over 36 Families.

IN ONE YEAR



- *Ran 27 courses
- *Organised 29 outings and play days
- *Provided 14 Summer Holiday activity days

FOR 63 CHILDREN



and created a garden plan; and so our *Grow, Cook & Eat* programme was born. Since then our Wednesday group have been busy sowing, watering & planting out their seedling, and the group is looking forward to their first harvest.



parents forum

Since 2003 Kingston WelCare has played an active role in organising regular consultative family events for local parents. The forum has taken a lead role in ensuring that the voices of Kingston families are heard and that their views impact on the development of borough services. The years events have included - "Has Kingston got Talent" at the Rose Theatre, offering a mix of children's workshops alongside consultation sessions for the adults have your say on the "Children and Young Peoples Plan" at Chessington World of Adventures where over 120 families took part.

In February this year Time for Families new Veg plot received Capital growth development funding and became part of the 2012 food growing space for London project. In early spring we created some new raised beds, built a compost bin,

FAMILIES APART



Families Apart key aim is to promote the support needs of children of prisoner families, and ensure Kingston Trust professionals recognise and support these children & young people.

Early last year we carried out a comprehensive consultation across the trust to identify the known number of children affected by parental imprisonment within the borough and the perceived service gaps. The response reported low numbers, clearly showing we had a long way to go to identify the real level of need.

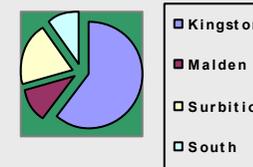
In January 2010 we held a one day "Awareness Raising Conference" We had a very successful day with over 50 delegates from a wide range of partner agencies attending presentations based on "The Hidden Sentence" training package developed by The Families Do Matter Project. Much thanks to Gill Scott, the West Midlands Project Officer, our guest speaker for the day, who helped us understand the issues and mapped a way forward for policy development in Kingston.

Families Apart is a 1 yr RBK funded project.

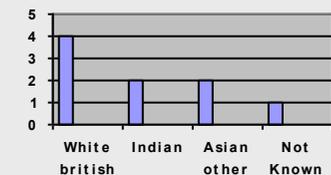
Facts and figures for.....Families Apart .

Casework support to 9 families(27 children)

Clusters



Cultural groups



Age of Children

