

## Thank You from Kingston WelCare

This has been an exciting year to serve as Chair of the Executive Committee, with changes coming through thick and fast on the national and local scenes.

I'd like to thank all our staff for their hard work and professionalism, rewarded in the case of Families Apart by continuation of funding. I'd also like to thank my fellow Executive Committee Members for their support and hard work particularly John Farmer, who is stepping down as Hon Treasurer after 8 years. Thanks also to our volunteers, to the parents and children who come and share a part of their lives' journey with us, enriching our lives enormously, and of course to our funders and donors without whom our work couldn't happen.

Next year-like those following-promises to be even more exciting than the one past. I can only say, 'watch this space'!

Sandy Cragg - Chair



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in Need**

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Special thanks go to our regular supporters: All Saints Church; St John the Baptist, Malden; German Lutheran Parish Church; St John the Baptist, Kingston Vale; The Alfred Charitable Trust; St Andrews, Ham; St Matthews, Surbiton; Elizabeth Thorogood; Mr R Doble & Palmers Solicitors.

For Harvest Festival & Christmas Gifts: St Mary's Church, Cuddington; St Jame's Church, New Malden; Chessington Methodist Church; St George's Church, Tolworth; St John the Divine Church, New Malden; Christ Church Primary School, New Malden; United Reform Church, Kingston & the Variety Club of Great Britain.

Also, a very big 'Thank You' to our Volunteers: Jaqueline Cooper, Gardening—Bettina Madelener, Selvin Gayle & John Creed; House Maintenance—Brian Watts, Dave Sangster, Les Gillam & Shayne Davies

## Kingston **WELCARE** Annual Review 2010-2011

Inevitably over the next few years, services at Kingston WelCare will feel the effects of the current economic climate. With this in mind our current management team have been busy considering the needs of local families and how best WelCare can use its resource and expertise to ensure local vulnerable families have access to the right type of support services at the earliest stage possible, thus preventing problems from escalating and helping families improve outcomes for their children.

At our AGM this year we will be sharing our vision for transforming WelCare House into " the place for parents ", a local venue where families feel safe and cared for; and where parents feel supported by the services we offer to manage the financial, social and emotional pressures that make bringing up children in today's climate a stressful and challenging task.

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Kingston  
**WelCare**

Making Families Stronger

Charity No 206286

## Project Activities 2010-2011



Easter -Egg Hunt Rewarded

This year Time for Families activities have included;  
 31 Teatime Sessions (0-9's)  
 36 Stay and Plays (0-5's)  
 9 Cook and Eat sessions, plus 3 cookery days  
 12 Music and Story-time sessions & 2 music day  
 2 Lone parent drop-in's  
 A total of 33 outings were the highlight of the year.

The programme included:

- A Christmas Panto in December
- Wembley ,Dancing on Ice in March

As well as the usual visits to the seaside, museums & farms the project held a series of very popular activities days including, a Road Safety Day in February



Sleeping Beauty-Leatherhead



This year over 46 Families have been supported by the project, which means 57 children have enjoyed and benefitted from play sessions with their parent/carers. Many of the new activities and outings tried were suggested by our parents.



Kingston WelCare's family support programme offering children activities around 5 key themes of Story-time; Messy Play; Healthy Eating; Music and Gardening



Nativity Dec 2010



### Time for Families say farewell.

Over the past 3yrs Time for families have organised many family events with great activities for the children. As the project draws to a close, this autumn we will be organising a range of themed play days for our members.

However families needn't worry as the days will also enable parents to contribute to our new plans for WelCare House, and we hope there will be just as many supportive and enjoyable activities on offer.

Kingston Children & Young People's Trust  
Making a Difference Together

## FAMILIES APART



Families Apart 2nd year of continual funding saw the project go from strength to strength.

Alongside supporting 9 families the project worked with 20 professionals, who were already engaged with our target families.

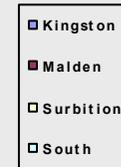
During the year the 24hr job share team also:

- Supported the development of an RBK protocol
- Promoted the Families Apart service across all sector partners, and produced 3 newsletters to keep colleagues abreast of the issues affecting prisoner families
- Held a monthly advice forum for parents and professionals within Kingston Guildhall customer access point service
- Printed a series of publicity material to promote the service directly to local parents, via schools, GP's, health staff, probation and the police
- Worked with prisons and regional support groups to develop the support Families Apart offers

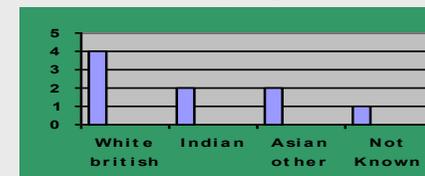
### Facts and figures for.....Families Apart .

Casework support to 9 families (27 children)

#### Clusters



#### Cultural groups



#### Age of Children

